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ABSTRACT

A bibliography of materials relevant to the competency-based guidance curriculum of the North Carolina State Department of Public Instruction is presented in this document. Books for students, books for teacher/counselor use, filmstrips (sound), and videocassettes are listed. Grade ranges are provided for each item, although use of the materials is not limited by grade and they may be used for enrichment, leisure, and other purposes by as many students in as many grades as feasible. The citations cover a wide range of topics including kindergarten retention, family rules, eating disorders, homework/study habits, college choice, legal careers, family problems, divorce, drug and alcohol abuse, sex, baby sitting, self-motivation, coping, jobs and careers, teenage pregnancy and parenting, ethics, friendship, emotional abuse, dropping out of school, starting school, responsibility, problem solving, self-image, sexual abuse, social interaction and decision making, student stress, and safety. Publishers and producers are listed at the end of the bibliography. (ABL)

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Media Evaluation Services
Department of Public Instruction
Raleigh, North Carolina 27603-1712
August 1988

# ADVISORY LIST OF INSTRUCTIONAL MEDIA

## GUIDANCE

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NOTE: To facilitate the use of materials on this list, the new COMPETENCY-BASED CURRICULUM has been used to identify competency goals (CG) to which some of these materials relate most closely. The grade range at the end of each bibliographic entry, e.g., 5-8, indicates the span of grades for which the materials hold general interest. Following that grade range are specific grades and competency goals to which the materials relate most directly, e.g., Grade 5: CG 1. This information does not imply that the use of the materials is limited to the specific grades and competency goals cited. Instead, the materials may be used for enrichment, leisure and other purposes by as many students in as many grades as feasible. Such use will ensure that students performing above and below their grade placement have access to a wide variety of materials to meet their personal needs and interests.

All titles on this bibliography are currently available for purchase. Prices shown are those quoted by publishers and producers, but do not include postage and are subject to change.

PLEASE DO NOT ORDER ITEMS ON THIS LIST FROM THE DIVISION OF MEDIA EVALUATION SERVICES OR FROM THE DIVISION OF TEXTBOOKS. Publishers and producers are listed at the end of this bibliography. An abbreviated or code name for the publisher or producer appearing in the bibliographic entry on this list appears in the DIRECTORY where the complete address follows the code name.

CG022167

BOOKS

Aseltine, Lorraine. FIRST GRADE CAN WAIT. (Concept Books.) unp. $10.25. Whitman, 1988. (ISBN 0-8075-2451-4) Grades K-2. Grade 1: CG 1

Luke is in kindergarten, but he has some problems in school; he is artistic and creative but has trouble paying attention in class, cannot talk in front of the group, finds socializing with the other children almost impossible, and has trouble remembering the sounds that go with letters; Luke, who does not feel ready to move on to first grade, is greatly relieved when his parents tell him that he can stay in kindergarten one more year; full-page charcoal



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drawings nicely complement a text that acknowledges the differences between children in their readiness for school and gently reassures that those differences are normal and natural; especially good for use with children who are not ready to move on to the next level in school and who need to feel acceptance for their own rate of growth

Berry, Joy. EVERY KID'S GUIDE TO FAMILY RULES AND RESPONSIBILITIES. (Living Skills.) 48 p. $8.45. Childrens, 1987. (ISBN 0-516-01419-6) Grades K-3. Grades K-3: CG 3

Delightful discussion of the need for rules within a family; explains the difference between spoken and unspoken rules and provides guidelines for holding orderly, effective family meetings (for instance, everyone in the family should participate, and a time to end should be agreed upon before the meeting starts); emphasizes that although children's thoughts and ideas are worthwhile and valuable, the adults in the family must make final decisions; also discusses the different categories of rules that exist within a family, such as rules about space, possessions, and chores; explains the concepts of consequences for broken rules and illustrates the need for everyone in the family to take a fair share of the general family responsibilities (e.g., paying the bills, feeding the pets, and buying the groceries); colorful cartoon illustrations--complete with dialogue--appear on each page of text; good humor and strong visual appeal add to the book's effectiveness in presenting its ideas; excellent choice for individual reading or group discussion about the way families operate or about how to deal with certain family problems

Cohn, Janice. I HAD A FRIEND NAMED PETER: TALKING TO CHILDREN ABOUT THE DEATH OF A FRIEND. unp. $12.88. Morrow, 1987. (ISBN 0-688-06686-0) Grades K-4. Grades 1-4: CG 4

A touching and accurate portrayal of a child's reaction to the death of a friend; Betsy's friend Peter is hit by a car when he chases a ball into the street; Betsy's parents tell her of Peter's death, explaining that the doctors could not make him well and that she will never see Peter again; as Betsy reacts to this news and asks questions, her parents also describe a funeral and burial, explain that Peter cannot feel afraid or lonely, and discuss the fact that everyone dies; her parents also console her by sharing their own feelings of sadness and help her understand that her being mad at Peter a few days earlier has not brought about his death; Betsy's teacher explains to the class the difference between sleep and death and allows the children to share their memories of Peter; at Betsy's suggestion the children decide to paint pictures to remind them of Peter, and the teacher points out that people who die are never forgotten because of the memories we have of them; a clear, informative introduction to the book helps parents and teachers understand the issues related to the subject of the book: a child's concept of death, explaining death to a child, the ways in which children show grief, deciding whether a child should attend a funeral, handling a discussion on an afterlife, and rooting out the feelings behind a child's reaction to death; full-color, double-page illustrations are evocative and expressive, glowing with warmth and reassurance even as they depict sadness; an excellent book for teachers and parents to use with children or for individual reading by third and fourth graders

Erlanger, Ellen. EATING DISORDERS: A QUESTION AND ANSWER BOOK ABOUT ANOREXIA NERVOSA AND BULIMIA NERVOSA. 64 p. $9.95. Lerner Pubns., 1988. (ISBN 0-8225-0038-8) Grades 6-8

Clearly written, well-organized overview of anorexia and bulimia; defines each term, discusses the symptoms and characteristics of each disorder, explores the causes of each, and discusses help available for victims; contains two personal accounts of the struggle with and eventual overcoming of anorexia and bulimia; includes a list of information sources, a list of self-help and support groups, and an index; useful as a resource or as individual reading for young people who have an eating disorder or know someone who does

Fiske, Edward B., and Joseph M. Michalak. THE BEST BUYS IN COLLEGE EDUCATION 1988. 473 p. $10.95 paper. Times Bks., 1987. (ISBN 0-8129-1701-4) Grades 9-12; teacher use

Excellent guide to an affordable education includes detailed information on over 200 private and public colleges and universities in the United States; arranged alphabetically, entries provide up-to-date data on college location, student body, average SAT scores, expenses, student/faculty ratio, library, financial aid, money saving options, and deadlines for admission and financial aid; the one- to two-page narrative on each entry gives a sense of the academic emphasis, the social life, and sports opportunities; introduction discusses factors to consider in seeking an education that offers quality as well as affordability and gives some advice on ways to meet college expenses; table of contents arranges entries by state; five institutions in North Carolina are listed; highly recommended for media centers and guidance offices

Fiske, Edward B., et al. SELECTIVE GUIDE TO COLLEGES 1988. 646 p. $10.95 paper. Times Bks., 1987. (ISBN 0-8129-1702-2) Grades 9-12; teacher use

Alphabetical listing and description of nearly 300 colleges and universities; information is largely a result of questionnaires answered by students and administrators of those colleges; the essay on each school is approximately two pages in length and covers seven major topics: academics, makeup of the student body, financial aid, housing, food, social life, and extracurricular activities; each essay begins with a list of statistics such as total enrollment, male/female ratio, relative cost, and number of applicants and three categories--academics, social life, and quality of life--that are given ratings of from one to five stars; the phone number for the admissions office of each school is also listed; two indexes appear at the beginning of the book, one listing the schools be state and the other by price (this second index also divides the schools into public and private); an interesting, informative, useful guide for those making decisions about colleges and for the teachers, guidance counselors, and parents who help them

Fowler, Elizabeth M. THE NEW YORK TIMES CAREER PLANNER: A GUIDE TO CHOOSING THE PERFECT JOB FROM THE 101 BEST OPPORTUNITIES OF TOMORROW. 351 p. $9.95 paper. Times Bks., 1987. (ISBN 0-8129-1212-8) Grades 10-12; teacher use

Practical guide to choosing a career; first half of book addresses a number of issues related to that topic, such as understanding job trends, choosing a curriculum in college, career counseling, resumes, and the benefits of

advanced degrees in today's job market; author stresses the necessity for good writing skills and a liberal education in a successful career and also gives advice on how to handle the first day of a job and how to cope with being fired; for recent college graduates who are having difficulty finding work, she offers twelve nearly certain job opportunities (such as working in a local supermarket, teaching in a private school, or working in real estate) although extra training is necessary for some of the jobs (e.g., nursing and accounting); the rest of the book is devoted to descriptions of specific careers presented in alphabetical order; each two- to three-page discussion includes a brief description of the work, some consideration of the benefits and drawbacks of that particular career, education required to do the job, employment opportunities, salaries, and trends in the job market; also contains an extensive index; useful reference for guidance counselors and students thinking ahead about education and career

Fry, William R., and Roy Hoopes. LEGAL CAREERS AND THE LEGAL SYSTEM. 64 p. $12.95. Enslow Pubs., 1988. (ISBN 0-89490-142-7) Grades 7-12. Grades 7 and 8: CG 2

Overview of the legal system and the legal profession along with some history of their development; explains how the legal system works, outlines the stages in handling a civil case, details the differences between criminal and civil cases, describes the steps in becoming a lawyer, defines what lawyers do, and comments on the future of the legal profession; contains a few black-and-white photographs; also includes an index and suggestions for further reading; useful as a resource or as a basic introduction to law for those interested in a legal career (either as a lawyer or paralegal)

Hermann, Helen and Bill. JENNY'S MAGIC WAND. 32 p. $9.90. Watts, 1988. (ISBN 0-531-10292-0) Grades 2-4

First person narrator, Jenny, attends a school that helps blind children get ready for mainstreaming in public school; there she and other children learn, among other things, balance, using a water fountain, and simple food preparation; Jenny's most significant accomplishment there, however, is learning to use a cane to give her more freedom of movement; when Jenny moves to a regular school, she feels uncomfortable because so many of the children treat her as something unusual; but Jenny becomes one of the crowd when she finds the teacher's key to the storeroom holding all of the costumes for a Halloween party; black-and-white photographs, many of them full page, accompany the text and add to the reader's understanding of Jenny's challenges and accomplishments; good for individual reading or in a classroom setting as the basis for a discussion of the needs of children with a physical limitation

Hermes, Patricia. A TIME TO LISTEN: PREVENTING YOUTH SUICIDE. 132 p. $12.95. Harcourt, 1987. (ISBN 0-15-288196-4) Grades 9-12; teacher use

As the title implies, the ultimate message in Hermes' book is that everyone concerned with young people must truly listen to them, give them the chance to talk and then listen to them; the author interviews two young people who have survived suicide attempts, one young woman who grew up in a family wounded by several suicides, teenagers who had lost a friend to suicide, parents of three teenagers who had committed suicide, and a therapist who is an expert on

teenage suicide and a well-respected counselor of youth; these personal messages give strength and power to the ideas presented by the author: most young people who attempt suicide do not really want to die but to escape unendurable misery, sometimes (but not always) warning signs exist to identify a suffering adolescent, other means than suicide do exist to deal with what seem like insurmountable problems, and sometimes--in spite of everyone's best efforts--people kill themselves; contains a lengthy bibliography and an extensive index; excellent resource for troubled teenagers and anyone who works with them because real voices define the problems and communicate the despair of severely depressed youth and the people who love them

James, Elizabeth, and Carol Barkin. HOW TO BE SCHOOL SMART: SECRETS OF SUCCESSFUL SCHOOLWORK. 94 p. $6.95 paper. Lothrop, 1988. (ISBN 0-688-06798-0) Grades 4-8

Practical, helpful guide to coping successfully with homework, schoolwork, and tests; none of the suggestions is especially new, but all of them are good and presented in a lively manner; topics covered include creating a study space, organizing study materials and keeping them in a neat fashion so they are readily accessible, organizing time, getting the most out of reading assignments by determining one's best learning style, getting homework done efficiently, studying for tests, strategies for taking a test, and having a positive attitude (both in and out of school) towards the subject matter; also encourages children to ask for help--whether from teachers, parents, siblings, or friends--when difficulties in school arise; contains an index; almost every child will benefit from reading this book; teachers may find it handy as a resource for class discussion on effective study habits and test preparation

Kibbey, Marsha. MY GRAMMY. unp. $6.95. Carolrhoda Bks., 1988. (ISBN 0-87614-328-1) Grades 1-3

Eight-year-old Amy's grandmother comes to live with Amy and her parents because she has Alzheimer's disease and can no longer care for herself; Amy at first resents sharing her room and cannot understand why her grandmother behaves in such strange ways; Grammy remembers some things but not others; after her father explains how Alzheimer's disease affects a person's brain, Amy learns to be more patient with Grammy and still love her even though she is not the grandmother Amy remembers; full-page sepia drawings complement the book's mood; provides an address and phone number for the Alzheimer's Disease and Related Disorders Association; a gentle introduction to the symptoms and sadness of Alzheimer's disease; appropriate for increasing the understanding of all children and for acknowledging the confusion of those children who may be dealing with a grandparent stricken with this disease

Leiner, Katherine. SOMETHING'S WRONG IN MY HOUSE. 63 p. $10.90. Watts, 1988. (ISBN 0-531-10506-7) Grades 5-8

Eight stories about young people growing up in alcoholic families; the details of the stories are superficially different, but certain patterns of feeling emerge; children of alcoholics, as revealed in this book, feel isolated and alone, are afraid and/or angry much of the time, bear too much responsibility for their ages, struggle with blaming themselves for chaotic family situations, and experience a great deal of shame; reveals the types of

behaviors children of alcoholics put up with in their parents (both the alcoholic and the co-dependent spouse); some of the children attend Alateen and find there what they thought did not exist: other people in their same situation; the author's primary message to children of alcoholics (and the author herself is one) is that they are not alone and there is help available; black-and-white photographs (most of them full page) accompany the text; contains a list of suggested reading and a list of organizations (complete with addresses and phone numbers) that offer help to children of alcoholics; a very good book to use with children from alcoholic families in helping them feel less isolated and alone

LeShan, Eda. WHEN GROWNUPS DRIVE YOU CRAZY. 121 p. $11.95. Macmillan, 1988. (ISBN 0-02-756340-5) Grades 4-8. Grade 4: CG 1 and 3. Grades 5, 6, and 7: CG 1, 3, and 4. Grade 8: CG 1 and 3

Superb book addressed to children operates on the premise that people drive us crazy when we do not understand them; author therefore aims to help children understand the grownups in their lives: parents (most of all), other relatives (both those who live close by and at a distance), teachers, principals, and others (e.g., doctors, nurses, and babysitters); covers most of the ways that parents bother children (by being unfair, by embarrassing them, by frightening them, by making them feel bad about themselves) and offers ways of coping with the specific problems addressed (such as broken promises, being forced to perform in front of company, lack of privacy, or denial of feelings); always acknowledges the validity of the child's feelings while offering some explanation of why parents and other adults may behave as they do in certain circumstances; also explains what to do if any kind of abuse is occurring; comments on the power of advertisements and negative news reporting to make children feel insufficient and powerless; ends with a chapter that helps children understand the importance of self-acceptance and self-love in growing up to be good and kind parents and people; does an excellent job of making children feel worthwhile, of letting them know that they are never responsible for the behavior of any adult, and of pointing out that all of us (both children and parents) are human beings who have weaknesses and flaws along with a considerable amount of good; excellent reading for all children, especially those having trouble with their parents' behavior, and for all adults, especially those who have problems empathizing with the feelings of their children

Marrs, Texe W. CAREERS WITH ROBOTS. 213 p. $21.95. Facts on File, 1988. (ISBN 0-8160-1222-9) Grades 10-12. Grade 12: CG 4

Clearly written, well-organized, interesting exploration of the field of robotics and the jobs available in that field; includes a short history of the development of the robot and a description of the types of robots; discusses the career areas available in robotics, the education necessary for each, and switching from another career into robotics; separate chapters are devoted to jobs in robotics as engineers, technologists, technicians, and computer professionals as well as to low-tech jobs in robotics (e.g., sales, technical writing, and administration); also discusses the field of bionics; the final chapters are devoted to how to become educated for these jobs; appendices include a list of robot makers (with addresses and phone numbers), a list of schools (by state) offering two-year degrees in robotics or related fields, a

list of engineering schools offering degrees in robotics or related fields, a list of trade and professional associations (with addresses) involved in robotics, a glossary of robotics terms, a list of recommended reading, and an index; packed with information, this book is a practical and helpful resource for those interested in a career in robotics and a useful reference for anyone wanting to learn about robotics

Mayle, Peter, and Arthur Robins. WHY ARE WE GETTING A DIVORCE? 28 p. $11.95. Harmony, 1988. (ISBN 0-517-56527-7) Grades K-3

Delightful book with charming and humorous color illustrations; offers children hope and reassurance that the pain of divorce will heal for everyone concerned; explains how common divorce is and that children of divorce are not freaks; discusses why parents get married in the first place and what goes wrong in marriages that end in divorce (even addresses the issue of one parent falling in love with someone else); tells what it feels like to live with one parent at a time; tries to make children understand that divorce is never the fault of only one parent and that blaming someone does not make the situation easier to endure; offers some advantages of being the child of divorced parents (e.g., getting to know parents as individuals and not just parents and living two different life-styles instead of one); encourages children to have empathy for (but not take responsibility for) the problems of parents (including worrying about their children); acknowledges that parents and children of divorce are unlucky but forcefully communicates that both will get over the bad times; an appealing book that should greatly reassure children whose parents are separated or divorced and an excellent book for parents and children to share

Sanders, Pete. FEELING SAFE. (Let's Talk About Series.) 32 p. $9.90. Gloucester Pr., 1988. (ISBN 0-531-17081-0) Grades K-2. Grade 2: CG 1

Explains the difference between physical pain and emotional pain and tells children that they have a right to be safe and happy; describes some of the causes of emotional pain (being made fun of, being scared by a bully, being picked on) and some of the reasons people are unkind (anger, following the lead of others in order to be accepted, trying to look tough); also discusses how to know which adults to trust and how to recognize inappropriate behavior on the part of other people; encourages children to talk to an adult they trust if they are upset or feel that someone is doing something wrong to them; stresses the importance of children's knowing how to look after themselves in order to feel safe; ends with a statement of the rights of children (for example, to have love, schooling, privacy, and sufficient sleep) and provides telephone numbers and addresses for Childhelp and the International Institute of Children's Nature and Rights; color photographs, index; useful learning tool and basis for individual conferences or class discussion to help children understand what they have a right to expect from the people in their lives and what they do not have to tolerate (a distinction which abused children especially seldom can draw)

Books in a Series

Rogers, Fred. MISTER ROGERS' FIRST EXPERIENCE BOOKS. each unp. each $12.95. Putnam, 1988. Grades K-3
Titles: GOING TO THE HOSPITAL. (ISBN 0-399-21503-4)
WHEN A PET DIES. (ISBN 0-399-21504-2)

When a Pet Dies and Going to the Hospital provide children with information and reassurance in order to help them cope with those two experiences; Going to the Hospital, for instance, tells them what a hospital is and talks about both the unfamiliar (hospital nightgowns, bedpans, X-ray machines) and the familiar (scales, thermometers, and stethoscopes) that might be encountered in a hospital stay; acknowledges that one could have all sorts of feelings about going to a hospital and emphasizes that a hospital visit is temporary, not permanent; When a Pet Dies talks about what death is and explores some of the feelings one might have at the loss of a pet (e. g., feeling sad or lonely and wishing that the pet would come alive again); also reassures children that the sad feelings are natural and part of life and that they do go away as time passes; both books contain color photographs on each page; excellent resources for children facing these situations as they reassure children of their own ability to cope, help them know what to expect, and give them the comfort of knowing that hard times do come to an end and happier times return

Ward, Brian R. LIFE GUIDES. EACH $10.90. Watts, 1988. Grades 5-8
Titles: ALCOHOL ABUSE. 40 p. (ISBN 0-531-10359-5)
DRUGS AND DRUG ABUSE. 47 p. (ISBN 0-531-10358-7)

Alcohol Abuse and Drugs and Drug Abuse follow similar formats; each is divided into two-page segments with text and color photographs and illustrations for each topic; some of the topics covered in Alcohol Abuse are intoxication, alcohol and accidents, long-term effects of alcohol, how the body handles alcohol, and alcohol dependence; among the topics addressed in Drugs and Drug Abuse are abuse of prescription drugs, addiction, the effects of particular drugs (like cocaine, heroin, and glues and solvents), and what to do if a friend uses drugs; each book contains an index, a glossary, and a list of places to seek help; both present important information and are useful as resource materials, individual reading, and supplementary materials for class discussion

BOOKS FOR TEACHER/COUNSELOR USE

Boston Children's Hospital and Dr. Robert P. Marsland, Jr. WHAT TEENAGERS WANT TO KNOW ABOUT SEX: QUESTIONS AND ANSWERS. 181 p. $16.95. Little, 1988. (ISBN 0-316-25063-5) Grades 9-12

Sensible, thorough, straightforward book answers questions teenagers have about sex and their changing bodies (most of the questions did indeed come from middle school and high school students and their teachers); questions are arranged into topics such as puberty, the human reproductive systems, sexuality, menstruation, hygiene and health, sexual activities, conception, contraception, abortion, sexually transmitted diseases (including AIDS),

homosexuality and heterosexuality, rape and sexual abuse (including incest), sex and drugs, and infertility and sterility; material is presented in an honest and nonjudgmental manner but gives teenagers the information they need to make responsible decisions about their lives; includes an extensive glossary and index; useful as a reference tool or as individual reading for teenagers who want or need to know more about their bodies, their sexuality, and personal relationships; media coordinators should preview book before purchase and keep it on a special shelf or in the counselor's office

Cole, Joanna. ASKING ABOUT SEX AND GROWING UP: A QUESTION-AND-ANSWER BOOK FOR BOYS AND GIRLS. 90 p. $11.95. Morrow, 1988. (ISBN 0-688-06927-4) Grades 4-7

Question-and-answer format is used here to present information that children want and need to know about body changes and sex in a clear, straightforward fashion; covers topics such as the differences in boys' and girls' bodies, puberty, masturbation, crushes (including crushes on members of the same sex), sexual intercourse, birth control, abortion, homosexuality, sexually transmitted diseases (including AIDS), and protecting oneself from abuse; although the book is written in a nonjudgmental style, the author emphasizes the importance of self-respect and respect for others and the necessity for not taking on adult responsibility until one is an adult; contains explicit black-and-white sketches; also includes an index and bibliographies for children and adults; a good source of information presented in a reassuring manner; counselors may prefer to keep this book in their office; media coordinators should preview book before purchase

Levine, Dr. Saul, and Dr. Kathleen Wilcox. DEAR DOCTOR: SENSITIVE, SENSIBLE ANSWERS TO TEENAGERS' MOST TROUBLING QUESTIONS. 265 p. $6.95 paper. Lothrop, 1987. (ISBN 0-688-07094-9) Grades 9-12

Collection of questions from teenagers with answers from the doctors; originally published as part of the "Youth Clinic" column in the Toronto Star, the letters cover a broad range of concerns that young people have about themselves and about their families and friends; included among the topics addressed are depression, anorexia, loneliness, sexual abuse, masturbation, rape, phobias, divorce, acne, homosexuality, and relationships; the doctors' answers are straightforward, informative, realistic, and compassionate; the extensive index allows readers to quickly find the information they need and also makes the book a good reference; a valuable source of accurate, honest information about the questions teenagers really have; media coordinators should preview book before purchase and keep it on a special shelf or in the counselor's office

## FILMSTRIPS (SOUND)

### Filmstrips (Sound) in a Series

BABY-SITTING SERIES. 2 color filmstrips, 2 cassette tapes, 2 guides $71. each $35.50. Marshfilm, 1988. Grades 6-8. Grade 6: CG 3
Titles: BABY-SITTING BASICS
BABY-SITTING: TAKING THE BASICS TO WORK

Series provides basic instructions for being a competent, conscientious baby-sitter and demonstrates that knowledge in action; "Baby-sitting Basics" shows two young people taking a Red Cross baby-sitting course taught by health professionals; includes coverage of the standard rules of babysitting (e.g., having access to important phone numbers, knowing special needs of the child, and giving total attention to the child), describes the psychological needs of children, emphasizes the responsibility of caring for a child, and provides guidelines for discipline; "Taking the Basics to Work" shows the two young people at their first baby-sitting jobs and demonstrates most of the guidelines and standards presented in the first filmstrip; two guides provide a script, a vocabulary list, a bibliography, educational objectives, teacher activities, and discussion questions; thorough, informative preparation for the important job of baby-sitting; can be used with a group or on an individual basis

BE A WINNER: SELF-MOTIVATION. 3 color filmstrips, 3 cassette tapes, guide $165. (1 filmstrips-on-videocassette 39 min. guide VHS $165.) Sunburst Comm., 1987. Grades 9-12. Grades 9-12: CG 1 and 4
Titles: WHAT IS A WINNER?
STEPS TO SUCCESS
MAKING IT WORK

These three filmstrips, to be used sequentially, focus on changing a negative self-image to a positive one by a process of setting goals, controlling negative thoughts by replacing them with positive ones, writing out positive affirmations and then reading and visualizing them, and keeping a list of personal successes; a group of teenagers and their counselor work together through this process; in "What Is a Winner?" the teenagers share their bad feelings about themselves, and their counselor makes the point that our own beliefs about ourselves control our ability to reach our goals; "Steps to Success" describes the process of changing our negative self-images to positive ones, and "Making It Work" reminds us that such a big change takes hard work, determination, patience, and time; succeeding in this task means taking many risks, often big ones, and allowing ourselves to make mistakes; study questions meant to provoke thought appear with each filmstrip; the guide accompanying the filmstrips and cassettes includes an introduction to the substance and purpose of the program, learning objectives, summaries of the content of each filmstrip, discussion questions to be used after viewing each filmstrip, suggestions for further related activities, a suggested reading list, and scripts for each filmstrip; a good learning tool to help adolescents understand the origins of a negative self-image and their own power to change that image

COPING WITH LOSS SERIES. 4 color filmstrips, 4 cassette tapes, 4 guides $122. each $35.50. Marshfilm, 1988. Grades 2-6; teacher use. Grades 2-6: CG 3

Titles: HELPING CHILDREN COPE
BE FAIR AND TAKE CARE
LOSING HURTS--BUT NOT FOREVER
THE CIRCLE OF LIFE

Designed to help children cope with the losses in life, to show them that growing old is a natural part of the cycle of life, and to urge them to be sensitive to and accepting of other people; "Helping Children Cope" is for teachers and parents and discusses how to help children deal with any sort of loss in their lives; teachers are encouraged to acknowledge and respect children's feelings; "Losing Hurts . . . But Not Forever" shows the loss associated with divorce, moving, and death; the pain of loss is acknowledged, but children are reassured that the hurt does diminish with time, that letting ourselves feel the hurt will help us heal, and that others can give us solace in bad times; "The Circle of Life" discusses the cycle of life from birth to death and shows what it is like to get old; encourages children to form relationships with older adults; "Be Fair and Take Care" features a boy with spina bifida, a girl with leukemia, and a boy confined to a wheelchair because of an accident; stresses the importance of accepting and appreciating people as they are and treating them as we wish to be treated; also urges children to follow rules carefully in order to avoid accidents; individual guides for each title include a script, a list of vocabulary words, a bibliography, a statement of educational objectives, suggested teacher activities, and discussion questions; good resources to use as a beginning point for class discussion revolving around the issues of loss of all kinds (including the loss of health) or for use with individuals in a counseling situation

JOBS FOR THE '90S. 4 color filmstrips, 4 cassette tapes, guide $199. Pleasantville Media, 1987. (Available from Sunburst Comm.) Grades 10-12. Grades 10 and 12: CG 2 and 4. Grade 11: CG 2 and 3

Titles: PART 1, WHERE YOU FIT IN
PART 2, THE DOERS AND THE THINKERS
PART 3, THE CREATORS AND THE HELPERS
PART 4, THE PERSAUDERS AND THE ORGANIZERS

Series introduces John Holland's theory that individuals choose occupations that suit their personalities; Holland's six categories of personality types are renamed in this program as doers, thinkers, creators, helpers, persuaders, and organizers; Part 1 defines and describes these six categories and also describes the general shift in our economy from producing goods to providing services; Part 2 reviews jobs appropriate for doers and thinkers; doers, for instance, might enjoy work as office machine repair persons, dental lab technicians, carpenters, and engineers; thinkers would do well as systems analysts, engineers, scientists, and technicians; Part 3 discusses potential occupations for creators (such as working as computer graphics technicians, technical writers, architects, and designers) and helpers (as teachers, nurses, physical therapists, and paramedics, among others); the persuaders described in Part 4 would do well in such fields as law, politics, sales, and finance, and organizers work well as secretaries, accountants, computer operators, paralegals, and bank officials; each of these filmstrips also indicates what type of education is needed for the various careers mentioned;

the excellent guide accompanying the filmstrips provides teachers and counselors a lengthy and helpful introduction covering job predictions for the future, the importance of personality and individual values in choosing a career, John Holland's theory and the six personality types, and the kind of education needed to prepare for working in the 1990s; it also includes a summary of each of the four filmstrips, discussion questions for each, twelve suggested activities, a helpful bibliography, and scripts for the filmstrips; an informative and useful program for helping students see the connection between their own interests and their chosen work and for acquainting them with the types of jobs that will be most plentiful in the upcoming decade; a good starting point for exploration of career goals and opportunities

PERSONAL ENRICHMENT SERIES. 6 boxes each containing 1 color filmstrip, 1 cassette tape, catalog card kit, guide each $37. Random Sch. Div., 1988. Grades 4 and 5: CG 3. Grade 6: CG 1 and 3. Grade 9: CG 2 and 4. Grades 10 and 11: CG 3. Grade 12: CG 4

Titles: COPING WITH DEPRESSION. Grades 9-12
FINDING MEANING. Grades 9-12
GETTING ALONG AT HOME. Grades 4-6
GETTING ALONG WITH TEACHERS AND CLASSMATES. Grades 4-6
LIVING IN A TROUBLED HOME. Grade 9-12
MAKING DECISIONS. Grades 4-6

Series offers young people help with some of their more difficult, although not unusual, problems; each filmstrip uses actors to dramatize the problem and its resolution; "Getting Along at Home" shows the conflict between a young girl and her parents over everyday concerns such as chores left undone and between the girl and her brother over such matters as what television show to watch; the problem is resolved as she takes more responsibility for helping with housework and as she becomes willing to compromise with her brother; "Making Decisions" tries to make clear the difference between a choice and a real decision as it shows a young boy wrestling with his conscience over whether to keep his best friend's secret about running away or tell the boy's parents what he knows; "Getting Along With Teachers and Classmates" demonstrates the importance of seeking help from parents and school personnel when problems with schoolwork become overwhelming; adults in this filmstrip are depicted as caring, reassuring, and approachable; "Finding Meaning" shows teenagers struggling with the universal quest for meaning in life after the suicide of a classmate; they are seen talking with a teacher in a classroom setting as well as with a parent and a clergyman; "Coping With Depression" shows a teenager in the midst of a serious depression; the signs of depression are presented in the course of the dramatization as is the cure: professional help from a therapist and time; "Living in a Troubled Home" deals with the problems of a teenaged boy living with a mother and stepfather who are constantly battling, much of the time over him; he gets help first from the school counselor and then from a professional counselor and a group of teenagers who all live with a serious family problem such as alcoholism, physical abuse, or sexual abuse; in each case the problems are being dealt with effectively by taking advantage of professional help; the problems in all six filmstrips are dealt with somewhat superficially, but the point is that help and hope are available for any problem; the guide accompanying each filmstrip provides a summary of the filmstrip, topics for discussion, activities related to the main idea of the filmstrip, and the script for the

filmstrip; useful learning aids for initiating class discussion of the various kinds of problems faced by young people (Note: An incorrect filmstrip was placed in the "Coping With Depression" package. Content of the filmstrip was evaluated from the script in the guide.)

TEENAGE PREGNANCY AND PARENTING. 4 color filmstrips, 4 cassette tapes, 4 guides $99.95. each $37.50. Marshfilm, 1987. Grades 6-9. Grade 6: CG 3. Grade 7: CG 1 and 3. Grade 8: CG 4. Grade 9: CG 1, 2, and 3

Titles: TEENAGE PREGNANCY: TOO MUCH, TOO SOON
TEENAGE PARENTING: A HARD LESSON TO LEARN
SELF-ESTEEM: BELIEVE YOU ARE SPECIAL!
BIRTH DEFECTS: TOO LATE TO CHANGE

Sound filmstrip series intended to warn young people about the serious consequences and difficulties of teenage pregnancy and parenting; "Teenage Pregnancy: Too Much, Too Soon" is narrated by a preteen girl whose older sister has become a teenage mother and wife; when she sees the change in her sister's personality from cheerful and lighthearted to unhappy and discouraged, she understands the terrible responsibility that motherhood has imposed on her sister; in "Teenage Parenting: A Hard Lesson to Learn," the mother of a ten-year-old boy and a twelve-year-old girl tells her children what it was like for her to have a baby at fourteen and then at sixteen; although she tells her children that she would not trade them for anything, she does make clear that becoming a parent at such an early age caused her to lose her chance to become a nurse and that her early marriage ended because the teenage husband was simply too young to cope with so much responsibility; "Birth Defects: Too Late to Change" tells the story of a small child born with a birth defect because her mother was only thirteen at the time of childbirth; explains the dangers to the baby when the mother's body is underdeveloped and not ready for pregnancy; also reveals the young mother's guilt over her daughter's handicap and the hardship of raising her alone; "Self-Esteem: Believe You Are Special!" offers young people some concrete suggestions for raising self-esteem in the hope that higher self-esteem will prevent some from making decisions that lead to teenage pregnancy; aims at making young people feel more in charge of their own lives; the guide accompanying each filmstrip gives a brief summary of its content, a script, a vocabulary list, a bibliography, a statement of the educational objective, discussion questions, and suggestions for other activities; a useful series for an early introduction to the tragedy of teenage parenthood; provides a good basis for class discussion

WHAT'S RIGHT, WHAT'S WRONG? YOU DECIDE. 2 color filmstrips, 2 cassette tapes, guide $119. Sunburst Comm., 1987. Grades 5-8. Grade 8: CG 4

Titles: PART 1: FRIENDSHIP: JOANNE'S DECISION
FAIRNESS: COLIN'S DECISION
PART 2: RESPONSIBILITY: HEATHER'S DECISION
CHEATING: BRIAN'S DECISION

Each of the two filmstrips presents two situations that call for difficult moral decisions; in one, for instance, a young girl must decide whether to do the job she is being paid for--dumping old paint cans and solvents in a stream--or refuse to do it because of the hazard to the environment; other situations involve the issues of friendship, fairness, and cheating;

discussion questions appear in a frame at the end of each dramatization, and students have the chance to clarify their own values as they decide what course of action the characters in the situations should follow; the thorough and useful guide provides an introduction to the program and its purpose, guidelines for holding class discussions, learning objectives, a summary of each dramatized dilemma, discussion questions for each vignette, additional suggested activities, guidelines for role playing, a bibliography, and a script for each dramatization; good starting points for group discussion of moral issues and for values clarification

## VIDEOCASSETTES

ANDREA: A FRIEND IN NEED. 1 videocassette 40 min. guide VHS $355. Barr Films, 1987. Grades 10-12

Teenage suicide is the subject of this videotape; those sharing their feelings and thoughts in a support group setting are not actors but family and friends of Andrea, who committed suicide at age sixteen; in a separate interview, the psychologist working with the support group discusses not only the warning signs of suicide but also some of the causes of adolescent depression and some ways of helping friends in need; the program is presented on the videotape twice: the first time straight through, the second time with nine breaks; at each break a message appears on the screen that makes an informative comment on what has just transpired on the screen (for example: "Adolescents' problems are real. Watching adults solve problems can help. How you feel about yourself is more important than being number one. Communication with parents, teachers, and friends may clear up many misunderstandings about their expectations"); after the message a note on the screen asks that the tape be turned off; at this point teachers or counselors ask students a series of questions (listed in the accompanying pamphlet) to encourage discussion and help students learn more about what they heard on the tape, more about their own coping and communication skills, and a greater awareness of their value as individuals; a warning is included at the beginning of the five-page pamphlet that this program should not be viewed on an independent basis but in a small group with a counselor or other trained adult; emphasis is placed on the fact that suicide is not glamorous and that the victim should not be glorified; a good film to be shared in a carefully controlled setting either as a preventive measure or a response to the actual death of someone by suicide

BUT NAMES CAN HURT FOREVER. 1 videocassette 30 min. guide VHS $375. Barr Films, 1987. Grades 10-12; teacher use

A documentary on the devastating effects of emotional abuse; focuses not only on abuse of children but also of anyone in a dependent position (for instance, younger siblings or elderly parents); features two adult women recalling the emotional abuse they suffered as children then as wives; also presents brief interviews with health professionals who define emotional abuse, describe its effects, and offer ways for both abusers and abused to deal with the problem (such as becoming a member of Parents Anonymous or reaching out to community help agencies); communicates the basic human need for love, acceptance,

attention, and praise; a five-page pamphlet accompanying the videocassette suggests how to introduce the film to a class, summarizes the content, suggests questions to discuss after viewing the film, lists symptoms and indicators of abuse, and suggests ways to help children create a positive self-image; some profanity is used in the opening scene of the film, but an edited version without those words is available; a useful film to introduce the problem of emotional abuse and the reality of the damage it does; offers a good starting point for class discussion

DROPOUT BLUES. 1 videocassette 20 min. guide VHS $310. Churchill Films, 1987. Grades 7-12. Grade 7: CG 2 and 4. Grade 8: CG 4. Grades 9, 10, and 11: CG 2, 3, and 4

Teenagers who have actually dropped out of school tell their own stories and their present feelings about the role of school in their lives; some of these experiences and feelings are dramatized by actors as the real dropouts talk; realistically covers most of the reasons young people have for dropping out (e.g., attitude problems, having difficulty getting along in school, feeling that no one cares, and blaming others for their problems); also relates the problems that go along with dropping out (for example, loneliness and difficulty getting a good job) and encourages young people to seek help for their problems; a brief pamphlet accompanying the videocassette lists the purpose and objectives of the program, suggests discussion questions to be used before and after viewing the film, and offers writing activities; the true stories of the real dropouts give the film credibility; a good basis for discussion with young people at risk of dropping out

THE HOMEWORK COACH. 1 videocassette 58 min. guide VHS $54. Academic Edge, 1988. Grades 8-12

Two-part video provides information to help students develop good note-taking skills and study habits; the narrators of the program are Ed U. Kater, a high school coach with a southern accent, and his companion, Tondor, a Max Headroom-type computer character; the first part of the video discusses the brain and its potential, typical study habits, and a particular study system--the "OK5R Learning System" (Overview, Key points, Read, Review, Recite, Relate, and Regulate); the second part of the program covers how to take notes, how to study for and to take objective and essay tests, and how to set goals for improvement; loud musical sound effects, colorful background graphics, and fast pace will appeal to motivated students; slower students will require significant direction by teachers and meaningful activities and discussion before and after viewing the video; each part of the program is divided into several short segments which can be incorporated into different lessons at the discretion of the teacher; accompanying teacher's guide includes an overview, tips for improving instruction, a glossary of vocabulary words for each section of the program, activities for introduction and reinforcement, a list of motivational quotations, and recommendations for further reading; useful for units on developing good study habits; may be incorporated in various subject areas, especially for classes emphasizing the importance of study skills for success in college

I LIVE IN AN ALCOHOLIC FAMILY. 1 live-action videocassette 35 min. guide VHS $185. (3 color filmstrips, 3 cassette tapes, guide $165.) Sunburst Comm., 1988. Grades 9-12

Titles: PART 1, THE FAMILY SECRET
PART 2, THE THREE C'S
PART 3, THE HEALING PROCESS

A three-part, live-action videocassette focusing on the problems and feelings experienced by children of alcoholics; in each part several teenagers and a counselor (who is an adult child of an alcoholic) participate in a group discussion; flashbacks dramatize incidents described by the teenagers; "The Family Secret" deals with the secrecy and the denial common in alcoholic families and the stress of feeling different from everyone else because of the chaotic structure of the alcoholic family; "The Three C's" emphasizes that children of alcoholics did not cause and cannot control or cure the alcoholic's disease; "The Healing Process" offers hope for the pain caused by growing up with an alcoholic parent by emphasizing the necessity for work in three important areas: gaining self-esteem, learning to trust, and detaching from the alcoholic's problems; also points out the strengths and positive character traits that result from growing up in such difficult circumstances; ends with a message to get help (from Alateen or from a trusted adult) and to realize that no one in this situation is alone; an excellent guide provides an introduction to the topic, a summary of the videocassette's content, discussion questions, suggested activities, a quiz, suggestions for role playing, a bibliography, and a script for each part of the program; accurate, thorough treatment of what it is like to grow up in an alcoholic family; informative not only for children of alcoholics but for teachers and other students who may not understand the extent of the damage suffered by these children

LET'S BEGIN: STARTING SCHOOL. 1 videocassette 18 min. guide VHS $89. Rainbow Ed. Video, 1987. Grades K-1

Introduces school to children as a friendly, interesting, supportive place to be; shows the different ways children get to school (e.g., school bus, subway, car, walking) and the different ways a school building can look; discusses the various people who work in a school, such as the principal, classroom teachers, special teachers (e.g., art and music teachers), custodians, and guidance counselors; also points out the important role that parents have in what goes on at their children's school; a guide describes the program, provides discussion questions for classroom use, suggests further activities, and gives a bibliography of books that address the topic of adjusting to school; a useful film for orienting kindergarteners or beginning first graders to the school environment

LET'S TALK ABOUT . . . RESPONSIBILITY. 1 filmstrips-on-videocassette 25 min. guide VHS $139. (2 color filmstrips, 2 cassette tapes, guide $119.) Sunburst Comm., 1988. Grades 9-12. Grade 9: CG 3 and 4. Grade 10: CG 3. Grade 11: CG 3. Grade 12: CG 4

Titles: PART 1, WHERE RESPONSIBILITY BEGINS
PART 2, RESPONSIBILITY TO OTHERS

This filmstrip on video introduces the idea of two levels of responsibility,

the first of which is completing tasks that are given to us, the second taking action on one's own because of a perceived need; the program is divided into two parts: "Where Responsibility Begins" and "Responsibility to Others"; each part is then divided into two short dramatizations of situations requiring some judgment about responsibility (for instance, a teenage girl must decide whether or not to tell her best friend's mother that the friend skipped school); these situations, all involving adolescents, are realistic and believable; discussion questions that require students to examine their own beliefs about responsibility appear at the end of each dramatization; the excellent guide includes an introduction to the purpose of the program, its learning objectives, guidelines for class discussion, summaries of each part of the program, discussion questions to be used with each part, suggested follow-up activities, a bibliography, and scripts for each part of the program; a useful learning tool for exploration of the extent of responsibility both to self and to others

THE PROBLEM SOLVING FILM. 1 videocassette 18 min. guide VHS $355. Alfred Higgins, 1988. Grades 5-8. Grades 5, 6, and 8: CG 4

Presents the basic steps for solving a problem by presenting a mystery involving four young people who have formed a detective agency and are trying to explain the disappearance of a countess' prize dog; as the dramatization proceeds, a narrator points out the principle of thought behind the characters' actions as they solve the mystery (for instance, "Separate facts from opinions" and "Examine the effect to try to discover the cause"); after the mystery is solved, the importance of using logical thought in everyday life is stressed and situations presented in which the principles illustrated in the mystery are also logical steps to use in making daily decisions; for example, a girl reasons that a coffee filter will trap dirt from stream water just as it does coffee grounds because "what works in one situation may also work in another"; the pamphlet accompanying the videocassette describes the objectives and contents of the program and provides follow-up discussion questions that ask students to apply the problem-solving principles presented in the tape to their everyday activities; useful for a general introduction to logical thinking and using one's reasoning power to solve a problem

SELF-IMAGE AND YOUR CAREER. 1 live-action videocassette 38 min. guide VHS $185. (3 color filmstrips, 3 cassette tapes, guide $165.) Pleasantville, 1988. (Available from Sunburst Comm.) Grades 10-12. Grade 10: CG 2. Grade 11: CG 1, 2, and 3. Grade 12: CG 2 and 4

Titles: PART 1, A QUESTION OF PERSONALITY
PART 2, THE SKILLS TO DO THE JOB
PART 3, WHAT DO YOU CARE ABOUT?

A three-part program that helps students identify their abilities, values, and character traits and shows them how to use that knowledge as they select a career; in each section dramatizations are used to illustrate the concepts and ideas being presented; still pictures are used during narrative portions of the program; "A Question of Personality" describes four pairs of personality types--introvert/extrovert, practical/intuitive, thinking/feeling, and structured/unstructured--in the belief that a clear knowledge of one's own personality can help in making good career decisions; "The Skills to Do the

Job" deals with discovering one's talents, especially those that are not obvious; this segment also discusses the skills necessary to keep a job, such as reliability, promptness, punctuality, cheerfulness, and a willingness to learn; "What Do You Care About" illustrates the necessity for considering one's work and personal values when choosing a career; one must know, for example, how important money and security are in one's value system as opposed to a flexible schedule and creative challenge; the teacher's guide lists the learning objectives of this videotape and provides a summary of each part; it also provides thoughtful discussion questions for each segment of the program, a check list for recognizing and rating one's values, a bibliography, and a script for all three parts of the program; a useful tool for gaining self-awareness and a good starting point for class discussion on choosing a career

SEXUAL ABUSE PREVENTION: A MIDDLE SCHOOL PRIMER. 1 live-action videocassette 30 min. guide VHS $149. Human Rel. Med., 1987. Grades 6-8

Presents several scenarios about sexual abuse along with explanation, information, and advice from a guidance counselor; in part 1 of the program, three young people experience sexual abuse, two in the form of unwanted touching and the third from a photographer who wants her to model without her blouse; in part 2 a girl has been victimized by her father; when she finally tells a sympathetic teacher, the teacher tells the girl about her own experience of being sexually abused by her stepfather; distinguishes the different kinds of touching, encourages students to trust their own feelings as a way of preventing sexual abuse, and identifies danger signals in the behavior of potential offenders; addresses the special issues for boys who are sexually abused; accompanying guide provides an introduction to the material, a list of learning objectives, definitions of words used in the program, a summary of the program, review questions, discussion questions, suggestions for further activities, a bibliography, resources for information on child sexual abuse, and a script for both parts of the program; accurate, realistic information that may be presented to a classroom or small group along with discussion and perhaps role playing; teachers should be aware of local policies and state laws on reporting child abuse

SOCIAL INTERACTION AND DECISION MAKING: PEERS. 1 videocassette __ min. guide VHS $189. Mindplay, 1987. Grades 4-8. Grades 4 and 5: CG 3. Grades 6, 7, and 8: CG 1 and 3

Presents three scenarios in which preadolescents have some sort of conflict with their peers (for example, one girl has hurt feelings because she thinks her friends are laughing at her); several endings are offered for each scenario, depending on how the character decides to handle the situation; film's narrator discusses three major ways to handle an uncomfortable situation: avoid it, accept it, or try to change it; viewers see how each of these methods of coping affects the outcome of a given situation and become aware of the importance of assertiveness in interpersonal relationships; the excellent guidebook accompanying the videocassette, presented in a three-ring binder, explains the objective of the program and offers four sections of material covering the concepts of emotion, self-worth, decisions, and assertiveness; in each section the objectives of the lesson and a definition of the concept are presented for the teacher along with suggestions for

handling classroom discussion; each section also includes suggestions for other activities (such as role playing) and reproducible worksheets; realistic, thoughtful introduction to the identification, understanding, and examination of feelings and the process of making and carrying through on decisions; an appropriate learning tool for all children

STUDENT STRESS: COPING WITH ACADEMIC PRESSURES. 1 live-action videocassette 30 min. guide VHS $149. Human Rel. Med., 1988. Grades 9-12

Live-action video that explains the effect of too much stress, discusses some of the causes of stress for adolescents, and offers some techniques for reducing stress; begins with real students detailing the pressures in their lives; a doctor and a psychologist explain the fight-or-flight response and offer some methods of dealing with stress: biofeedback, deep breathing, progressive muscle relaxation, exercise, proper diet, and adequate sleep; some of the most common causes of stress overload--an overbooked schedule, procrastination, parental expectations, and negative visualization--are dramatized by actors, and ways of changing these situations are presented; the point is also made that there are some situations that cannot be changed, so the only course of action is to simply endure; the teacher's guide includes an introduction to the kinds of stresses in an adolescent's life, a summary of the program's contents, a vocabulary list, learning objectives, review questions, discussion questions, suggestions for related activities, a bibliography, and a script; an effective program for all high school students in that it recognizes and validates the pressure they feel and offers practical advice for handling normal stresses

TEENAGE PARENTS: THEIR LIVES HAVE CHANGED. 1 videocassette 23 min. guide VHS $395. Alfred Higgins, 1988. Grades 9-12

This videocassette combines facts and statistics about teenage pregnancies and their consequences with extensive discussion by real teenage parents (both male and female) about their reactions to the pregnancy and the ways their lives have changed as a result; points out that the romantic picture of sexual relationships painted by television and films is not the reality of these young men and women who have given up their freedom, sometimes the support of family and friends, and usually their chances for economic security; discusses the health risks faced by infants born to teenage mothers and reminds viewers that most teenage mothers end up supporting their children all alone; at the end of the tape these teenagers give advice to their peers about sexual activity: abstain or use contraceptives; a touching, attention-catching program because of the realism supplied by the teenagers who tell their own stories; useful as a starting point for class discussion about responsible sexual activity and the problems inherent in teenage parenthood; a guide sheet lists the learning objectives of the program, summarizes the content, and provides follow-up discussion questions

TO A BABYSITTER. 3rd ed. 1 videocassette 21 min. guide VHS $395. Alfred Higgins, 1987. Grades 7-12

A live-action videocassette that shows two teenagers handling their respective babysitting jobs; as the dramatizations proceed, voice-over narration points out the important steps taken by a responsible babysitter (e.g., checking

references for new customers, gathering information about the children in the family and their special needs, finding out exactly what the parents expect and where they will be, getting other important telephone numbers, getting a tour of the house, paying close attention to the children rather than talking on the telephone or having friends over); individuals from the Red Cross and a city police department offer advice to babysitters (such as how to handle crank calls); program also covers how to handle emergencies, how to keep children entertained, and how to be firm with children; a good film for introducing or reinforcing the serious responsibilities that go along with babysitting; a guide sheet states the objectives of the videotape, summarizes its contents, and provides discussion questions for after the film

Videocassettes in a Series

HOME ALONE: PREPARED FOR TODAY. 3 videocassettes each 10 min. guide VHS $105. each $39. Ency. Brit. Ed., 1986. Grades 3-8

Titles: HOME ALONE
HOME SAFETY AND KNOW YOUR NEIGHBORHOOD
FIX A MEAL AND CARE FOR YOUNG CHILDREN

Series of filmstrips on video intended to teach latchkey children how to cope with being alone after school until their parents get home; each is narrated by a child who shows how he or she gets along without a parent at home; "Home Alone" provides children with some basic rules about returning home alone; they learn, for instance, how to keep keys in safe places, how to determine if the house is safe to enter, and how to handle telephone calls and strangers knocking at the door; positive aspects of being alone are stressed (e.g., becoming more independent); in "Home Safety and Know Your Neighborhood" children are introduced to possible hazards inside the house such as the garbage disposal or sharp knives; they also learn how to find the thermostat in the house, how to put together a first aid kit, how to use the cutoff valves for the toilet and sink, and how to handle strange dogs or strangers when outside the house; "Fix a Meal and Care for Young Children" shows older siblings how to care for younger ones; provides some basic rules such as no fighting and calling parents if there is trouble; also shows how to fix healthy snacks such as celery with peanut butter or cheese and crackers that do not require use of the stove; guide includes an introduction to the purpose and content of the series along with educational objectives, a summary of content, discussion questions, suggestions for further activities, and a script for each of the three videos; substantial content and a positive attitude towards the experience of being alone make this series appropriate and informative for children who need to feel more secure and competent when home alone

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Times Bks. - Times Books, 201 East 50th Street, New York, New York 10022

Watts - Franklin Watts, Inc., 387 Park Avenue South, New York, New York 10016

Whitman - Albert Whitman and Company, 5747 West Howard Street, Niles, Illinois 60648